## The Path

The mountain path leads always in two directions, upward and downward - all depends on what we put behind us.

Life is a perpetual choice between truth and falsehood, light and darkness, progress and regression, the ascent towards the heights or a fall into the abyss. It is for each one to choose freely. 29 February 1952 *

In each one's life a moment comes when he has to choose between the Path and the muddle. You cannot put one foot here and one foot there. If you try to, you will be torn to pieces.

A heart that does not choose is a heart that will die.
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You take up the spiritual path only when you feel you cannot do otherwise.

27 October 1952

When the path is known it is easy to tread upon it.
19 August 1954
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To follow the path to the end, one must be armed with a very patient endurance.

4 September 1954

## Words of the Mother-II

On the spiritual path each step forward is a conquest and the result of a fight.

5 September 1954

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The road to the Divine: always long, often dry in appearance, but always abundant in its results.
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Ascension: stage by stage one climbs towards the Consciousness. *

Spiritual ascension: fearless, regular, uninterrupted.

One will pass through as many stages as it is necessary to take, but one will arrive.
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The intellectual attitude comes first and practice follows little by little. What is very important is to maintain very alert the will to live and to be what one knows to be the truth. Then it is impossible to stop and even more to fall back.
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All human beings have a spiritual destiny which is near or far depending on each one's determination.

One must will in all sincerity.
11 April 1965
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All depends upon the choice of the force that you allow to make use of you as its instrument. And the choice has to be made at every moment of your life.

It is the conflict in you between what is attached to ordinary life and what aspires for the divine life. It is up to you to choose which is the strongest in you and to act accordingly.

19 September 1967

You can follow the meanderings of innumerable reincarnations or choose the steep and rapid path of intensive "sadhana".

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He who follows the steep path that climbs the heights can easily slip down into the abyss.
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For those whose destiny it is to scale the summits, the least false step risks being a mortal danger.

The perfect path: for each one the path which leads fastest to the Divine.

All was gold and gold and gold, a torrent of golden light pouring down in an uninterrupted flow and bringing with it the consciousness that the path of the gods is a sunlit path in which difficulties lose all reality.

Such is the path open before us if we choose to take it.

