

5 November 1958

*“Spiritual truth is a truth of the spirit, not a truth of the intellect, not a mathematical theorem or a logical formula. It is a truth of the Infinite, one in an infinite diversity, and it can assume an infinite variety of aspects and formations: in the spiritual evolution it is inevitable that there should be a many-sided passage and reaching to the one Truth, a many-sided seizing of it; this many-sidedness is the sign of the approach of the soul to a living reality, not to an abstraction or a constructed figure of things that can be petrified into a dead or stony formula. The hard logical and intellectual notion of truth as a single idea which all must accept, one idea or system of ideas defeating all other ideas or systems, or a single limited fact or single formula of facts which all must recognise, is an illegitimate transference from the limited truth of the physical field to the much more complex and plastic field of life and mind and spirit....*

*“In the evolution of the spiritual man there must necessarily be many stages and in each stage a great variety of individual formations of the being, the consciousness, the life, the temperament, the ideas, the character. The nature of instrumental mind and the necessity of dealing with the life must of itself create an infinite variety according to the stage of development and the individuality of the seeker. But, apart from that, even the domain of pure spiritual self-realisation and self-expression need not be a single white monotone, here can be a great diversity in the fundamental unity; the supreme Self is one, but the souls of the Self are many and, as is the soul’s formation of nature, so will be its spiritual self-expression. A diversity in oneness is the*

## Questions and Answers

*law of the manifestation; the supramental unification and integration must harmonise these diversities, but to abolish them is not the intention of the Spirit in Nature.”*

*The Life Divine, SABCL, Vol. 19, pp. 886–88*

From the point of view of individual development and for those who are still at the beginning of the path, to know how to remain silent before what one does not understand is one of the things which would help most in the progress — to know how to remain silent, not only externally, without uttering a word, but also to know how to be silent within, so that the mind does not assert its ignorance with its usual presumptuousness, does not try to understand with an instrument that is incapable of understanding, that it may know its own weakness and open simply, quietly, waiting until the time has come for it to receive the light, because only the Light, the true Light, can give it understanding. It is not all that it has learnt nor all that it has observed nor all its so-called experience of life, it is something else which is completely beyond it. And until this something else — which is the expression of the Grace — manifests within it, if, very quietly, very modestly the mind remains silent and does not try to understand and, above all, to judge, things would go *much* faster.

The noise made by all the words, all the ideas in your head is so deafening that it prevents you from hearing the truth when it wants to manifest.

To learn to be quiet and silent... When you have a problem to solve, instead of turning over in your head all the possibilities, all the consequences, all the possible things one should or should not do, if you remain quiet with an aspiration for goodwill, if possible a need for goodwill, the solution comes very quickly. And as you are silent you are able to hear it.

When you are caught in a difficulty, try this method: instead of becoming agitated, turning over all the ideas and actively seeking solutions, of worrying, fretting, running here and there

5 November 1958

inside your head — I don't mean externally, for externally you probably have enough common sense not to do that! but inside, in your head — *remain quiet*. And according to your nature, with ardour or peace, with intensity or widening or with all these together, implore the Light and wait for it to come.

In this way the path would be considerably shortened.