

## Words of the Mother – II

If you feel that a change is needed, it can be in the *attitude*, giving importance to what is to be said and realised and using the past as a preparation for the future. This is not a very difficult thing to do — and I am quite sure that you will easily do it.

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You have this trouble. It is an indication that there is something in you that needs an immediate change. There is something that is refusing to come into the Light. If you can change your consciousness, the trouble will disappear.§

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When one is in need of outward changes, it means that he is not progressing within; for he who progresses within can live always under the same outward conditions: they constantly reveal to him new truths.

All outward change should be the spontaneous and inevitable expression of an inner transformation. Normally, all improvement of the conditions of physical life should be the blossoming to the surface of a progress realised within.

29 March 1958

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There can be no physical life without an order and rhythm. When this order is changed it must be in obedience to an inner growth and not for the sake of external novelty. It is only a certain part of the surface lower vital nature which seeks always external change and novelty for its own sake.

It is by a constant inner growth that one can find a constant newness and unfailing interest in life. There is no other satisfying way.

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