

things. Whatever belongs to circumstance and detail must arise as one works out the method, or rather as it works itself out — for the last is what usually happens when there is an effective beginning of the action of the sadhana.

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The descent of Peace, the descent of Force or Power, the descent of Light, the descent of Ananda, these are the four things that transform the nature.

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Presence, Peace, Force, Light, Ananda — these are five things that most commonly come down.

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Like everything else, Peace, Light, Power, so wideness descends also.

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Light, Peace, Force, Ananda constitute the spiritual consciousness; if they are not among the major experiences, what are?

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It is not really the plane that descends, it is the Power and Truth of it that descends into the material and then the veil between the material and it no longer exists.

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I did not say it [descent of Ananda] was vital and mental, but that it was Ananda manifesting itself in the mental and vital — a quite different thing; for the one Ananda (the true thing) can manifest in any part of the being.

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