All help is given to you always, but you must learn to receive it in the silence of your heart and not through external means. It is in the silence of your heart that the Divine will speak to you and will guide you and will lead you to your goal. But for that you must have full faith in the Divine Grace and Love.

18 January 1962

The guidance is in your heart. Go ahead according to your inspiration.

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14 January 1972

When I pray to You and open my heart to Your light and put my will in accord with Your divine will, I feel at ease; I have the belief that my being is placed in tune with Your universal Force, and for some moments I feel assured that Your presence is with me and that You have understood and replied to my prayer. It seems as if I am bathed in Your light, and I become very happy. But at other times, my physical mentality begins to question, and I wonder if it is really so easy to enter into a living contact with the Divine in Its essence. What is the truth of the matter, Mother? Kindly enlighten me.

Experience goes far beyond the reasoning mind. Evidently the reasoning mind finds it very difficult to reach the Divine, but a simple heart can enter into contact with Him, almost without effort.

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It is the heart that has wings, not the head.

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