

## *The Path*

The mountain path leads always in two directions, upward and downward — all depends on what we put behind us.

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Life is a perpetual choice between truth and falsehood, light and darkness, progress and regression, the ascent towards the heights or a fall into the abyss. It is for each one to choose freely.

*29 February 1952*

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In each one's life a moment comes when he has to choose between the Path and the muddle. You cannot put one foot here and one foot there. If you try to, you will be torn to pieces.

A heart that does not choose is a heart that will die.

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You take up the spiritual path only when you feel you cannot do otherwise.

*27 October 1952*

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When the path is known it is easy to tread upon it.

*19 August 1954*

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To follow the path to the end, one must be armed with a very patient endurance.

*4 September 1954*

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## Words of the Mother – II

On the spiritual path each step forward is a conquest and the result of a fight.

*5 September 1954*

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The road to the Divine: always long, often dry in appearance, but always abundant in its results.

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Ascension: stage by stage one climbs towards the Consciousness.

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Spiritual ascension: fearless, regular, uninterrupted.

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One will pass through as many stages as it is necessary to take, but one will arrive.

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The intellectual attitude comes first and practice follows little by little. What is very important is to maintain very alert the will to live and to be what one knows to be the truth. Then it is impossible to stop and even more to fall back.

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All human beings have a spiritual destiny which is near or far depending on each one's determination.

One must will in all sincerity.

*11 April 1965*

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All depends upon the choice of the force that you allow to make use of you as its instrument. And the choice has to be made at every moment of your life.

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