

Concentration upon oneself means decay and death. Concentration on the Divine alone brings life and growth and realisation.

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Without the Divine life is a painful illusion, with the Divine all is bliss.

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The ideal attitude is to belong only to the Divine, to work only for the Divine and above all to expect only from the Divine strength, peace and satisfaction. The Divine is all-merciful and gives us all that we need to lead us as quickly as possible to the goal.

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It is the Divine Presence that gives value to life. This Presence is the source of all peace, all joy, all security. Find this Presence in yourself and all your difficulties will disappear.

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Day and night constantly the Presence is there.
It is enough to turn silently inward and we detect it.

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Remember always the Divine and all you do will be an expression of the Divine Presence.

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In activity and in silence, in taking and in giving, always the glad remembrance of Thee.

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All our thoughts, all our sentiments will move towards the Divine as a river towards the sea.

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