

One can aspire for the Divine to bring about the supramental transformation, but that also should not be done till the being has become psychic and spiritualised by the descent of the Mother's peace, force, light and purity.

### No Need of Words in Aspiration

There is no need of words in aspiration. It can be expressed or unexpressed in words.

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The aspiration need not be in the form of thought — it can be a feeling within that remains even when the mind is attending to the work.

### The Necessity of Aspiration

It depends on the stage which one has reached. Personal aspiration is necessary until there is the condition in which all comes automatically and only a certain knowledge and assent is necessary for the development.

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Even if there is no rising up, the aspiration connects you with the higher consciousness and helps or prepares to bring down something from it.

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It [*the higher consciousness*] may not come exactly according to the aspiration, but the aspiration is not ineffective. It keeps the consciousness open, prevents an inert state of acquiescence in all that comes and exercises a sort of pull on the sources of the higher consciousness.

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Aspiration during the period of experience is not so necessary.