

Chapter Five

Aspiration

The Value of Aspiration

What you say is quite true. A simple, straight and sincere call and aspiration from the heart is the one important thing and more essential and effective than capacities. Also to get the consciousness to turn inwards, not remain outward-going is of great importance — to arrive at the inner call, the inner experience, the inner Presence.

The help you ask will be with you. Let the aspiration grow and open the inner consciousness altogether.

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One has only to aspire sincerely and keep oneself as open as possible to the Mother's Force. Then whatever difficulties come, they will be overcome — it may take some time, but the result is sure.

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One has to suppose that [*the Mother's*] force everywhere around and call it in — if one feels it, so much the better, but even otherwise if there is faith and power in the call, it can flow in.

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One must rely on the Divine and yet do some enabling sadhana — the Divine gives the fruits, not by the measure of the sadhana but by the measure of the soul and its aspiration. Also worrying does no good — “I shall be this, I shall be that, what shall I be?” Say “I am ready to be not what I want, but what the Divine wants me to be” — all the rest should go on that base.

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I mean by the measure of the soul's sincerity a yearning after the

Divine and its aspiration towards the higher life.

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But why allow *anything* to come in the way between you and the Divine, any idea, any incident; when you are in full aspiration and joy, let nothing count, nothing be of any importance except the Divine and your aspiration. If one wants the Divine quickly, absolutely, entirely, that must be the spirit of approach, absolute, all-engrossing, making that the one point with which nothing else must interfere.

What value have mental ideas about the Divine, ideas about what he should be, how he should act, how he should not act — they can only come in the way. Only the Divine Himself matters. When your consciousness embraces the Divine, then you can know what the Divine is, not before. Krishna is Krishna, one does not care what he did or did not do; only to see Him, meet Him, feel the Light, the Presence, the Love, the Ananda is what matters. So it is always for the spiritual aspiration — it is the law of the spiritual life.

Don't waste time any longer in these ideas of the mind or in any starts of the vital — blow these clouds away. Keep fixed on the one thing indispensable.

The Meaning of Aspiration

There is no deep meaning [*of aspiration*] — the meaning is plain. It is the call of the being for higher things — for the Divine, for all that belongs to the higher or Divine Consciousness.

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It [*aspiration*] is the call in the being for the Divine or for the higher things that belong to the Divine Consciousness. (To “aspire” always means to call for higher things.)

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Aspiration is a turning upward of the inner being with a call, yearning, prayer for the Divine, for the Truth, for the

Consciousness, Peace, Ananda, Knowledge, descent of Divine Force or whatever else is the aim of one's endeavour.

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Aspiration is to call the forces. When the forces have answered, there is a natural state of quiet receptivity concentrated but spontaneous.

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Aspiration is a call to the Divine, — will is the pressure of a conscious force on Nature.

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Aspiration is a call in the being, it is not opening.

The Object of Aspiration

The aspiration should be for the full descent of the Truth and the victory over falsehood in the world.

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Aspire for the constant contact and the light. It is in the Light that the being will get organised in the Truth.

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Aspire for your will to be one with the Divine will, concentrate in the heart and be plastic to whatever experience comes, neither forcing nor resisting any spiritual experience.

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The aspiration for the supramental would be premature. What you have to aspire for is for the psychic change and the spiritual change of the whole being — which is the necessary condition before one can even think of the supramental.

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To want to be a superman is a mistake, it only swells the ego.