

More Answers from the Mother

Real happiness is of divine origin; it is pure and *unconditioned*. Ordinary happiness is of vital origin; it is impure and depends on circumstances.

18 November 1933

What does life-energy mean?

It is the energy that creates and sustains life in the physical organism; it is this energy which is used, when it is consecrated to the Divine, to transform the body and its activities.

1 December 1933

X told me, "Mockery is not bad; if you never mock, you are like a tree without sap." Is it true?

No, it is not true. Mockery is not at all a sign of intellectual superiority, but of ignorant mental arrogance. The psychic never mocks.

2 December 1933

I said, "Y, we must not see the bad side of people, but always the good." He answered, "No, we must see both sides and then distinguish between them."

It is certainly very bad to speak about the faults of others. Each one has his faults and to emphasise them in your thoughts certainly does not help to cure them.

4 December 1933

Z told me that if I had no time to read newspapers, I should at least glance at them. I asked him, "Is it a law