

## Words of the Mother – II

11. *What attitude should I keep while doing my works of daily routine? How should I act with family members, relatives and friends?*

Detachment.

12. *What should I read at present?*

Sri Aurobindo's books.

November 1928

\*

*How to open to the Mother? The following are the means:*

(1) *To remember You constantly or from time to time —*

Good.

(2) *By taking Your name through Japa —*

Helpful.

(3) *With the help of meditation —*

More difficult if one has not the habit of meditation.

(4) *By conversation about You with those who love and respect You —*

Risky because, when talking, often some nonsense or at least some useless things can be said.

(5) *By reading Your books —*

Good.