

Difficulties

THE CAUSE AND UTILITY OF DIFFICULTIES

The difficulties are always due to a resistance, some part or several parts of the being refusing to receive the force, the consciousness and the light put upon them and revolting against the divine influence. It is rare that somebody can surrender entirely to the Divine's Will without having to face one or another of these difficulties. But to keep steady one's aspiration and to look at oneself with an absolute sincerity are the sure means to overcome all obstacles.

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Surely all these troubles come from a resistance somewhere, something that opposes the work of transformation.

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Always circumstances come to reveal the hidden weaknesses that have to be overcome.

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Difficulties are sent to us exclusively to make the realisation more perfect.

Each time we try to realise something and meet with a resistance or an obstacle or even a failure — what seems to be a failure — we should know, we should never forget that it is exclusively, absolutely, so that the realisation may be more perfect.

So this habit of cringing, of getting discouraged or even of feeling uncomfortable, or of abusing yourself and telling yourself: "There! Again I have made a mistake" — all that is absolute foolishness.

Difficulties

Simply tell yourself: “We don’t know how to do things as they ought to be done; well, they are being done for us, come what may!” And if we could see to what extent all that seems to be, yes, a difficulty, a mistake, a failure, an obstacle — all that is just to help us, so that the realisation may be more perfect.

Once you know that, everything becomes easy.

6 October 1958

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Shocks and trials always come as a divine grace to show us the points in our being where we fall short and the movements in which we turn our back on our soul by listening to the clamour of our mental being and vital being.

If we know how to accept these spiritual blows with due humility, we are sure to cover a great distance at a single bound.

22 February 1965

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Be absolutely convinced that everything that happens, happens in order to give us precisely the lesson we needed, and if we are sincere in the “sadhana”, the lesson should be accepted with joy and gratitude.

For one who aspires to the divine life, what can the actions of a blind and ignorant humanity matter to him?

18 January 1967

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If truly you love the Divine, prove it by remaining quiet and peaceful. All that comes to each one in life, comes from the Divine to teach us a lesson, and if we take it in the right spirit, we make rapid progress.

Try to do so.

13 December 1967

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