

Peace and Silence

Peace of mind must be acquired not through favourable circumstances but through inner transformation.

18 March 1960

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It is from the Divine that a sadhak receives peace, a peace quite independent from outward circumstances. Turn more towards the Divine, aspire for the real inner peace and you will get enough peace to carry on your work without disturbance.

Blessings.

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Be peaceful, confident in the divine working.

14 November 1969

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SILENCE

Silence: the ideal condition for progress.

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It is in Silence that true progress can be made.

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It is *only in silence* that a true progress can be made; it is *only in silence* that one can rectify a wrong movement; it is *only in silence* that one can be of help to somebody else.

If you have found out a truth, or rectified a mistake in yourself, or made a progress, to speak or to write about it to anybody else than the Guru is to lose at once the truth or the progress.

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