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only), the great Power that was there before, that used to be constantly felt, comes rushing, does its work, then goes away. But never on this body. It never does anything for this body — it is not a higher intervention that will change it, it is... from within.

The same thing is happening to you, it happens to everybody who does the work, and that is the difficulty. That is why I tell you: “It does not matter, do not worry if you are occupied with your body; only try to *profit* by that — profit by this preoccupation — to bring into it the Peace, the Peace.” Always it is as though I was enveloping you within a cocoon of Peace. And then, if you could put, precisely into this mind that vibrates, stirs all the while, truly like a monkey, if you could put there... it is a Peace which acts *directly* in this material vibration — a Peace in which everything relaxes.

Do not think, do not think of trying to transform this physical mind or to silence it or abolish it; all that is still activity. Simply let it go on, but... put the Peace, feel the Peace, live the Peace, know the Peace — the Peace, the Peace.

That is the only thing.