## INTRODUCTION

## WORDS OF SRI AUROBINDO AND THE MOTHER

## Love and Aspiration in Plants

The movement of love is not limited to human beings and it is perhaps less distorted in other worlds than in the human. Look at the flowers and trees. When the sun sets and all becomes silent, sit down for a moment and put yourself into communion with Nature: you will feel rising from the earth, from below the roots of the trees and mounting upward and coursing through their fibres up to the highest outstretching branches, the aspiration of an intense love and longing,—a longing for something that brings light and gives happiness, for the light that is gone and they wish to have back again. There is a yearning so pure and intense that if you can feel the movement in the trees, your own being too will go up in an ardent prayer for the peace and light and love that are unmanifested here.

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Have you never watched a forest with all its countless trees and plants simply struggling to catch the light—twisting and trying in a hundred possible ways just to be in the sun? That is precisely the feeling of aspiration in the physical—the urge, the movement, the push towards the light. Plants have more of it in their physical being than men. Their whole life is a worship of light. Light is of course the material symbol of the Divine, and the sun represents, under material conditions, the Supreme Consciousness. The plants have felt it quite distinctly in their own simple, blind way. Their aspiration is intense, if you know how to become aware of it.

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Those who have studied the vegetable kingdom in detail are well aware that there is, a consciousness there. For instance, plants need sunlight to live—the sun represents the active energy which makes them grow—so, if you put a plant in a place where there is no sunlight, you see it always growing up and up, trying, making an effort to