

and desire are cherished, complete surrender is impossible — the self-giving is incomplete. We have never concealed that. It may be difficult and it is; but it is the very principle of the sadhana. Because it is difficult it has to be done steadily and patiently till the work is complete.

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Your mind and psychic being are concentrated on the spiritual aim and open to the Divine — that is why the Influence comes down into the head and as far as the heart. But the vital being and nature and the physical consciousness are under the influence of the lower nature. As long as the vital and physical being are not surrendered or do not on their own account call for the higher life, this struggle is likely to continue.

Surrender everything, reject all other desires or interests, call on the divine Shakti to open the vital nature and bring down calm, peace, light, Ananda into all the centres. Aspire, await with faith and patience the result. All depends on a complete sincerity and an integral consecration and aspiration.

The world will trouble you so long as any part of you belongs to the world. It is only if you belong entirely to the Divine that you can become free.

### **Surrender and the Psychic**

For surrender it is necessary not to insist on the mind's opinions, ideas and preferences, the vital's desires and impulses, the physical's habitual actions, the life of the ego — all such insistence is contrary to surrender. All egoism and self-will has to be abandoned and one must seek to be governed only by the Divine Shakti. No complete surrender is possible without the psychic opening.

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It is impossible to become like a child giving oneself entirely until the psychic is in control and stronger than the vital.

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