through all the deviations of mind and life, help in one way or another to lead him to it. It is his own psychic being within him and the Divine Power above that use to that end the vicissitudes both of mind and outward circumstance.

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A spiritual opportunity is not a thing that should be lightly thrown away with the idea that it will be all right some other time — one cannot be so sure of the other time. Besides, these things leave a mark and at the place of the mark there can be a recurrence.

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The spiritual destiny always stands — it may be delayed or seem to be lost for a time, but it is never abolished.

Capacity for Yoga

All can do some kind of Yoga according to their nature, if they have the will to it. But there are few of whom it can be said that they have capacity for this Yoga. Only some can develop a capacity, others cannot. What *X* wants is peace and something to carry her through the trials of life — she is not ready for more.

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In sadhana it is not by the personal capacity that things are done. It is the Divine Power that works and if one makes oneself its instrument, even what is impossible for the personal capacity can be done.

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When one once enters into the true (Yogic) consciousness, then you see that everything can be done, even if at present only a slight beginning has been made; but a beginning is enough, once the Force, the Power are there. It is not really on the capacity of the outer nature that success depends, (for the outer nature all self-exceeding seems impossibly difficult), but on the inner being and to the inner being all is possible. One has only to get