

For those who have within them a sincere call for the Divine, however the mind or vital may present difficulties or attacks come or the progress be slow and painful, — even if they fall back or fall away from the path for a time, the psychic always prevails in the end and the Divine Help proves effective. Trust in that and persevere — then the goal is sure.

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There is only one logic in spiritual things: when a demand is there for the Divine, a sincere call, it is bound one day to have its fulfilment. It is only if there is a strong insincerity somewhere, a hankering after something else — power, ambition, etc. — which counterbalances the inner call that the logic is no longer applicable. Supramental realisation is another matter: I am speaking now of the realisation of the Divine, of the contact with the Divine, through whatever lever, heart or mind, or both. In your case it is likely to come through the heart, through increase of bhakti or psychic purification of the heart: that is why I was pressing the psychic way upon you. I do not mean that nothing can come through meditation for you, but probably — barring the unexpected — only after the heart-experience.

Do not allow these wrong ideas and feelings to govern you or your state of depression to dictate your decisions: try to keep a firm central will for the realisation — you can do so if you make up your mind to it — these things are not impossible for you; they are within the scope of your nature which is strong. You will find that the obstinate spiritual difficulty disappears in the end like a mirage. It belongs to the maya and, where the inner call is sincere, cannot hold even the outer consciousness always: its apparent solidity will dissolve.

### **Turning towards the Divine**

An idealistic notion or a religious belief or emotion is something quite different from getting spiritual light. An idealistic notion might turn you towards getting spiritual light, but it is not the light itself.