

## Chapter Ten

# Opening

### The Meaning of Opening

Opening is a change of the consciousness by which it becomes receptive to the Divine.

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Opening means that the consciousness becomes opened to the Truth or the Divine to which it is now shut — it indicates a state of receptivity.

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Opening is a thing that happens of itself by sincerity of will and aspiration. It means to be able to receive the higher forces that come from the Mother.

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Opening means only to be able to receive the Mother's force. Whether one is open or not is shown by two things. If one is conscious of the force working in one, then one is open. But even if one is not conscious, yet if results of the working happen, then that also means that in the inner being some opening has been made. Aspiration, sincerity and the quietude of the mind are the three best conditions for opening.

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These [*calling the Mother, praying to her*] are acts of the mind, openness is a *state* of consciousness which keeps it turned to the Mother, free from other movements, expecting and able to receive what may come from the Divine.

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There is a state in which the sadhak is conscious of the Divine Force working in him or of its results at least and does not