

Helping Others and the World

Suffering inflicted on others is not a good base on which to build spiritual realisation.

To advance alone on the path can be a form of egoism. One can liberate oneself alone only if the others refuse to follow. One must therefore first offer to lead them along. And if this burdens the advance and increases the difficulties, one should take it as the effect of a special Grace that tests the sincerity of the consecration in this way. The capacity to receive the divine help is in proportion to this sincerity.

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To help others is the best way of helping oneself. For, if you are sincere, you will soon discover that all their difficulties and all their failures are the sure signs of the same corresponding deficiency in you. Indeed, they prove that something in you is not perfect enough to be all-powerful.

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We find in others what is in us. If we always find mud around us, it proves that there is mud somewhere in us.

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It is only egoism that is shocked to find egoism in others.

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Each of those who are around us can be for us, provided we are attentive, a mirror in which one or more aspects of our being are reflected. If we know how to profit by it, it is a powerful help for our progress. And when the mirror is sincere and of goodwill, the value of the help becomes considerable.

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