

12 January 1955

*“... the mental will and the psychic aspiration must be your support.”*

Yes, but the mind also can aspire. But psychic aspiration is more powerful than mental aspiration, and the mind must have its own will. If one speaks of the mental will and the psychic aspiration it does not mean that the mind has no aspiration and the psychic no will. It is just saying what is the most important thing in each of these. But it doesn't mean that it has only this. It can have all the other movements too.

*Sometimes when I want to know something, it seems to me that a door is closed in my heart, and then it opens and everything becomes very clear.*

Yes, that's quite true.

*What is it?*

What is it? It is because you have no contact with your psychic being when the door is closed. And if the door opens, then naturally you will benefit by all the psychic consciousness, and will know the things you want to.

*Sweet Mother, here Sri Aurobindo says, “... the difficulty faced in the right spirit and conquered, one finds that an obstacle has disappeared.” What is the right spirit?*

Ah, I was expecting this question. The right spirit means what he has explained in the following sentence: to keep one's trust, to remain quiet—I think it is there a little farther off—wait patiently for the attack to pass, keep one's trust. It is not there? Then it is in another passage. In any case the right spirit means not to lose courage, not to lose one's faith, not to be impatient, not to be depressed; to remain very quiet and peaceful with as