

## Questions and Answers

Oh! Oh, oh, but I don't understand your question very well. The present being, whatever it may be, and whoever may be within it, always has a psychic being. You see, usually it depends on the degree of evolution of the psychic being but still every psychic being which is in a body has states of being formed in the present formation. Its work is always to transform these; it is as though this were the part of the universe given to him for his work of transformation. And even if he has a vaster mission than that of his own person, unless he does this work in his person he cannot do the other... You cannot change the outer world unless you begin by changing yourself. This is the first condition; and for everyone, great and small, old and young — old, I mean those who have lived very long, and young those who haven't lived very long — it is always the same work. This is why life upon earth for a psychic being is the opportunity to progress.

The duration of earthly life is the time of progress. Outside earthly life there is, so to say, no progress. It is in earthly life that there is the possibility and the means of progress. But for all conscious beings it is the same thing, not only for those you call incarnated. It is for everyone the same thing. One must first begin with the work on himself. When one has done the work on himself, one can do it on others; but the first thing to do is to do it on oneself.

*Sweet Mother, the Divine has come down to this world  
of darkness and ignorance...*

And so, what?

*How does He feel?...*

What? What does He feel? You have never been in a place which is quite dark, where you are obliged to find your way without having a light? Has it happened to you?... A place you do not know and which is quite dark, where you have to find your way