

21 December 1950

“O Consciousness, immobile and serene, Thou watchest at the confines of the world like a sphinx of eternity. And yet to some Thou confidest Thy secret. These can become Thy sovereign will which chooses without preference, executes without desire.”

Prayers and Meditations, 10 November 1914

This immobile Consciousness is the “Mother of Dreams”,¹ the sphinx of eternity who keeps vigil on the confines of the world like an enigma to be solved. This enigma is the problem of our life, the very *raison d'être* of the universe. The problem of our life is to realise the Divine or rather to become once again aware of the Divine who is the Universe, the origin, cause and goal of life.

Those who find the secret of the sphinx of eternity become that active and creative Power.

To choose without preference and execute without desire is the great difficulty at the very root of the development of true consciousness and self-control. To choose in this sense means to see what is true and bring it into existence; and to choose thus, without the least personal bias for any thing, any person, action, circumstance, is exactly what is most difficult for an ordinary human being. Yet one must learn to act without any preference, free from all attractions and likings, taking one's stand solely on the Truth which guides. And having chosen in accordance with the Truth the necessary action, one must carry it out without any desire.

If you observe yourself attentively, you will see that before acting you need an inner impetus, something which pushes you.

¹ “The Mother of Dreams”, a poem by Sri Aurobindo: *Collected Poems*, p. 67.