## 4 June 1912

What improvements can we bring to our meetings?

We said one day with regard to the numerous groups that form and disappear almost immediately, that this phenomenon of rapid decay is a result of the conventional and arbitrary factors which enter into the organisation of these groups.

In fact, they are founded upon an ideal prototype originating from one or several minds — a formula which is sometimes very beautiful in theory, but which takes no account of the individuals who with their difficulties and weaknesses must form the living cells of the group.

In my opinion, it is impossible to give an arbitrary form to any being, individual or collective; its form can only be the outer expression which perfectly reflects the quality of its constituent elements.

Because this vital law of formation is not observed, these groups follow one upon another and multiply endlessly; all are fated to the same swift destruction. For instead of being living organisms capable of normal growth, development and expansion, they are nothing but inert conglomerations without any possibility of progress.

We had decided to heed this law and carefully refrain from prematurely deciding upon the conditions of life of our little group. It is not yet born, it has hardly begun its period of gestation. Let us allow it to form and blossom very slowly before making any rules for its existence.

Consequently, it would seem disastrous to me to attempt to organise our meetings according to a preconceived plan or to conform to the ideal of one individual or another or even of all of us. We would then be entering on the way of artificial formations shaped by theory and destined to perish even more rapidly than those institutions which develop according to their own spontaneity, which is the sum total of the varied tendencies of their members.

Certainly, our meetings should progress, since that is the condition of their continuation. But this can only happen if they become an opportunity for each one of us to progress.

For if we want their progress to be sincere and in depth, it must depend on our own.

If we could all bring with us here an ardent aspiration for greater knowledge and wisdom, we would create a contemplative atmosphere, which I would like to be able to call religious, and this atmosphere would be most favourable to our self-perfection.

An atmosphere of spirituality is sometimes a far greater help than an exchange of words; the most beautiful thoughts cannot make us progress unless we have a persistent will to translate them within ourselves into higher feelings, more exact sensations and nobler actions.

Thus, to improve our meetings, the essential condition is our own self-improvement.

If we unify ourselves and identify our consciousness with the consciousness of our Divine Self, our group will become unified. If we enlighten and illumine our intellectual faculties, our group will manifest the light. If we allow impersonal love to permeate our whole being, our group will radiate love. And finally, if we bring order into ourselves, our group will become organised of itself, without our needing to intervene arbitrarily in its formation.

In short, let us become the living cells of the organism we want to bring forth, and let us not forget that on the value of its cells will depend the value of the collective being and its action, its usefulness in the work of universal harmony.